# ATU Sligo Healthy Campus Charter

### **Our Commitment**

The Atlantic Technological University, Sligo is committed to the implementation of the Higher Education Healthy Campus Charter and to the Healthy campus process which will be an inclusive, coordinated approach to improving health and well-being. We will create a learning environment and organisational culture that enhances the health, wellbeing, and sustainability of its community and enables people to achieve their full potential.

#### **Our Mission**

We will empower our campus community through education, resources, and activities to function optimally across all dimensions of wellbeing.

## **Our Vision**

We will be a leader in creating a campus culture, which nurtures the health and wellbeing of our staff, students and the wider campus community.

# **ATU Sligo will**

Promote the health and wellbeing of our students, staff and wider community through our institution's mission, strategy, policies, plans and practices, in line with the International Okanagan Charter.

Act to create empowered, thriving, connected campus communities that foster an ethic of care, compassion, equality and inclusion.

Identify and act on opportunities to support the health and wellbeing of students, staff and the wider community through the built, natural, social, economic, cultural, academic, organisational and learning environments in a sustainable way.

Identify and act on opportunities to integrate health and wellbeing into the teaching and learning, research and services of all Departments, thus ensuring the development of citizens with the capacity to improve health and wellbeing of the wider community in their future life and work.

Consider how our planning and decision making for teaching, learning and assessment, research and knowledge exchange impact on health and wellbeing.

Adopt a strategic approach to promoting health and wellbeing on campus, that reflects locally identified needs and national health priorities, which is guided by the Healthy Campus Framework.

Engage in the National Healthy Campus Network to share our learning and work in partnership, as appropriate, to build evidence of effective approaches to developing a healthy campus.

Contribute to research and collaborations to promote health and wellbeing locally and globally in line with the Okanagan Charter.

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