

SOCIALISING SAFELY

CHARGE YOUR PHONE BEFORE
YOU GO OUT

PLAN YOUR JOURNEY HOME

SHARE A TAXI

STAY WITH YOUR FRIENDS

LOOK OUT FOR EACH OTHER

BE AWARE OF SPIKING

IF YOU DON'T FEEL SAFE, SEEK SOMEONE YOU
TRUST OR CONTACT THE FREE SERVICES ON THE
NEXT PAGE

SOCIALISING SAFELY

IF YOU DON'T FEEL SAFE, SEEK SOMEONE YOU TRUST OR CONTACT THESE FREE SERVICES:

ATU SLIGO SUPPORTS (9AM - 4PM)

Student Health Service
studenthealthservices.sligo@atu.ie
071-9305205/071-9305463

Student Counselling Service
studentcounsellingservices.sligo@atu.ie
071-9305463

Pastoral Care & Chaplaincy Service
pastoralcare.sligo@atu.ie
071-9305215/085-8590471

24 HOUR SUPPORTS

The Samaritans
Call 116 123
Text 50808
Text ATU Sligo to 50808

Rape Crisis Centre
1800 77 8888

Donegal Sexual Assault Treatment Unit (SATU)
087 06 81 964

Sligo Garda Station
071-9157000

Emergency Services
999/112