Connect for Success

Your First Five Weeks

On Campus Events

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We have a different theme each week to connect you with ATU life

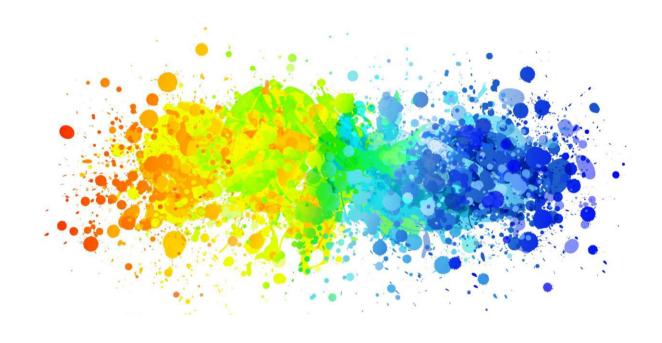| Date	Week	Time	Theme
18th – 22nd September 2023	Week 1	All Week	Getting the Right Start
25th – 29th September 2023	Week 2	All Week	Get Involved
2nd – 6th October 2023	Week 3	All Week	Health & Wellbeing
9th – 13th October 2023	Week 4	All Week	Academic Supports
16th – 20th October 2023	Week 5	All Week	Check In

Connect for Success – Your First Five Weeks

- Welcome to your first Academic Week of Semester One, whether you are a new student or a returning one, we have planned several events related to your college life here with us in ATU Sligo.

- Over the next five weeks you can discover or reconnect with the college's different academic, learning and social supports that are available here on campus.

- Connect for Success – Your First Five Weeks is open to all new and existing students to attend and take part in.
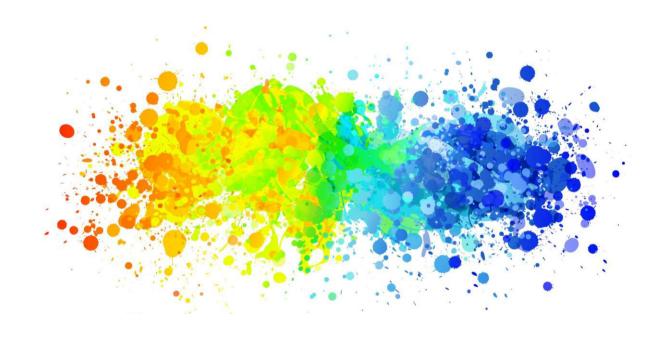
Connect for Success

Getting the Right Start

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Getting the right start

Date	Time	Location	Activity	Duration	Audience
18/09/2023		Concourse	Knocknarea Arena	2 Hrs	All Students
19/09/2023	8:00	H1002	Pop-Up Breakfast Club	1.5 Hrs	All Students
19/09/2023	13:00	B1202	Lunchtime Information Session	60 Mins	Mature Students
19/09/2023	13:00	H1002	Disability Support Info Session Find out about Assistive Technology	60 Mins	All Students
19/09/2023	13:00	B1082	Neurodiversity Support Group	60 Mins	All Students
19/09/2023	19:00	St. Angela's Campus	Meet the Neighbours Pizza Party and Table Quiz		Residents of St. Angela's Accomodation
20/09/2023	13:00	B1202	HEAR/SAF/Laptop scheme	60 Mins	All Students
20/09/2023	13:00	B1081	Drop in and chat over a cup of tea/coffee with other students and the student support services team	60 Mins	All Students
20/09/2023	11:00	A Entrance	Connect for Success: Services & Supports Tour	20 Mins	All Students
20/09/2023	18:30	St. Angela's Campus BM101	Meet the Neighbours: Zumba	60 Mins	All Students
21/09/2023	12:15	H1002	Managing your Sensory Needs includes Campus Tour	45 Mins	Disability Service Students Only
21/09/2023	13:00	B1081	Disability Service Info Session – How to Register for Supports	60 Mins	All Students
21/09/2023	13:00	B1202	Lunchtime Information Session	60 Mins	Mature Students

Connect for Success

Get Involved

Get Involved

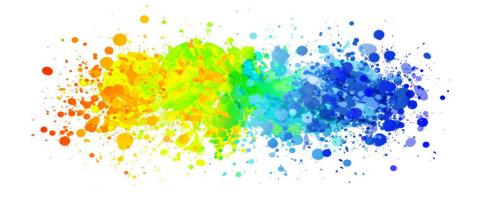| Date	Time	Location	Activity	Duration	Audience
25/09/2023	12:30	H1002	Laughter Yoga	60 Mins	All Students
26/09/2023	08:00	H1002	Pop-Up Breakfast Club	1.5 Hrs	All Students
26/09/2023	12:00	Concourse	Connect Café	120 Mins	All Students
26/09/2023	12:00	Concourse	Mentoring Foroige	120 Mins	All Students
26/09/2023	13:00	B1202	Lunchtime Info sessions	60 Mins	Mature Students
26/09/2023	13:00	B1082	Neurodiversity Support Group	60 Mins	All Students
26/09/2023	13:00	H1002	Disability Support Info Session- Registration for Trade Apprentices	60 Mins	Craft Apprentices
26/09/2023	17:30	B1081	Connect Café - Group Meet Up	60 Mins	All Students
26/09/2023	18:30	St. Angela's Campus BM101	Meet the Neighbours: Zumba	60 Mins	All Students
27/09/2023	13:00	B1202	HEAR/SAF/Laptop Scheme	60 Mins	All Students
27/09/2023	13:00	B1081	Drop in and chat over a cup of tea/coffee with other students and the student support services team	60 Mins	All Students
27/09/2023	19:00	St. Angela's Campus BM101	Meet the Neighbours: Yoga Fit	60 Mins	All Students

Get Involved

Date	Time	Location	Activity	Duration	Audience
28/09/2023	10:00	Concourse	Sexual Violence: Towards a Zero Tolerance Approach	3.5 Hrs	All Students
28/09/2023	11:00	A Entrance	Connect for Success: Services & Supports Tour	45 Mins	All Students
28/09/2023	12:15	H1002	Planning & Organisation Kickstart & Tour!	45 Min	*Registration Essential - for Disability Service students only
28/09/2023	13:00	B1081	Disability Service Info Session – How to Register for Supports	60 Mins	All Students
28/09/2023	13:00	B1202	Lunchtime Information Session	60 Mins	Mature Students

Connect for Success

Health & Wellbeing

Health & Wellbeing

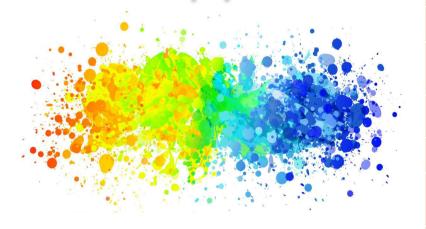| Date	Time	Location	Activity	Duration	Audience
02/10/2023	08:00	H1002	Pop Up Breakfast	150 Mins	All Students
02/10/2023	10:00	Concourse	Health & Wellbeing Showcase	4 Hours	All Students
02/10/2023	11:00	A Entrance	Connect for Success: Services and Supports Tour	20 Mins	All Students
02/10/2023	13:00	TBC	Mediation	60 Mins	All Students
02/10/2023	12:30	H1002	Laughter Yoga	60 Mins	Mature Students Society
02/10/2023	16:45		Safe Talk	45 Mins	Students & Staff
03/10/2023	08:00	H1002	Pop Up Breakfast	90 Mins	All Students
08/10/2023	10:00	Concourse	HSE Mental Health Support	4 Hours	All Students
03/10/2023	12:00	Concourse	Connect Café	60 Mins	All Students
03/10/2023	13:00	Concourse	Foroige Mentoring	60 Mins	All Students
03/10/2023	13:00	B1202	Lunchtime Info sessions	60 Mins	Mature Students
03/10/2023	13:00	B1082	Neurodiversity Support Group	60 Mins	All Students
03/10/2023	16:45	H1002	Routines for Wellbeing	45 Mins	*Registration Essential - for Disability Service students only
03/10/2023	17:30	B1081	Connect Café	60 Mins	All Students
03/10/2023	18:30	St. Angela's Campus BM101	Meet the Neighbours: Zumba	60 mins	All Students
04/10/2023	10:00	Concourse	Healthy Campus: Bolt Bikes, Food: Cheaper Options, MABS	2 Hours	All Students
04/10/2023	13:00	B1202	HEAR/SAF/Laptop scheme	60 Mins	All Students

Health & Wellbeing

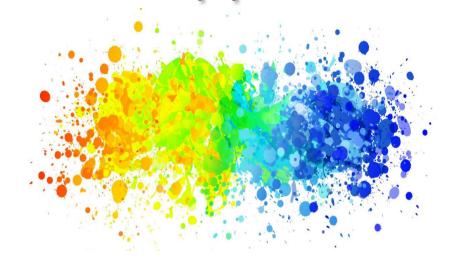| Date	Time	Location	Activity	Duration	Audience
04/10/2023	13:00	B1081	Drop in and chat over a cup of tea/coffee with other students and the student support services team	60 Mins	All Students
04/10/2023	13:00	A Entrance	Connect for Success: Campus Tour	45 Mins	All Students
04/10/2023	19:00	St. Angela's Campus BM101	Meet the Neighbours: Yoga Fit	60 Mins	All Students
05/10/2023	10:00	Concourse	Health Services		All Students
05/10/2023	12:15	H1002	Routines for Wellbeing	45 Mins	*Registration Essential - for Disability Service students only
05/10/2023	13:00	B1081	Disability Service Info Session – How to Register for Supports	60 Mins	All Students
05/10/2023	13:00	B1202	Lunchtime Information Session	60 Mins	Mature Students
05/10/2023	17:00	B1080	Five Ways to Wellbeing Workshop	120 Mins	All Students
05/10/2023	13:00	A Entrance	Connect for Success: Campus Tour	45 Mins	All Students
06/10/2023	17:30	E0017	Family Movie Night	3 Hours	Mature Students Society

Connect for Success

Academic Supports

Academic Supports

Date	Time	Location	Activity	Duration	Audience
09/10/2023	10:00	Concourse	Academic Writing Centre	4 Hours	All Students
09/10/2023	10:00	Concourse	Maths & Engineering Support Centre	4 Hours	All Students
09/10/2023	11:30	Library	Library Workshop with Laura	60 Mins	All Students
09/10/2023	13:00	H1002	Laughter Yoga	60 Mins	Mature Students Society
10/10/2023	08:00	H1002	Pop-Up Breakfast Club	1.5 Hrs	All Students
10/10/2023	10:00	Concourse	World Mental Health Day - Stress and Anxiety Stand	4 Hours	All Students
10/10/2023	13:00	Concourse	Academic Writing Centre	60 Mins	All Students
10/10/2023	13:00	Concourse	Maths & Engineering Support Centre	60 Mins	All Students
10/10/2023	13:00	B1202	Lunchtime Info sessions	60 Mins	Mature Students
10/10/2023	13:00	B1082	Neurodiversity Support Group	60 Mins	All Students
10/10/2023	13:00	H1002	Disability Support Info Session Find out about Assistive Technology	60 Mins	All Students
10/10/2023	13:00	A Entrance	Connect for Success: Services and Supports Tour	20 Mins	All Students
10/10/2023	14:30	Library	Library Workshop with Siobhan	60 Mins	All Students
10/10/2023	16:45	H1002	Planning & Organisation Kickstart & Tour!	45 Min	*Registration Essential - for Disability Service students only
10/10/2023	17:30	B1081	Connect Café - Group Meet Up	60 Mins	All Students
10/10/2023	18:30	St. Angela's Campus BM101	Meet the Neighbours: Zumba	60 Mins	All Students

Academic Supports

Date	Time	Location	Activity	Duration	Audience
11/10/2023	13:00	Concourse	Academic Writing Centre	60 Mins	All Students
11/10/2023	13:00	Concourse	Maths & Engineering Support Centre	60 Mins	All Students
11/10/2023	13:00	B1202	HEAR/SAF/Laptop scheme	60 Mins	All Students
11/10/2023	13:00	B1081	Drop in and chat over a cup of tea/coffee with other students and the student support services team	60 Mins	All Students
11/10/2023	13:30	Library	Library Workshop with Sinead	60 Mins	All Students
11/10/2023	10:00	Concourse	National Coming Out Day	4 Hours	All Students
11/10/2023	19:00	St. Angela's Campus BM101	Meet the Neighbours: Yoga Fit	60 Mins	All Students
12/10/2023	13:00	Concourse	Academic Writing Centre	60 Mins	All Students
12/10/2023	13:00	Concourse	Maths & Engineering Support Centre	60 Mins	All Students
12/10/2023	13:00	B1081	Disability Service Info Session – How to Register for Supports	60 Mins	All Students
12/10/2023	13:00	B1202	Lunchtime Information Session	60 Mins	Mature Students
12/10/2023	13:00	A Entrance	Connect for Success: Campus Tour	45 Mins	All Students
12/10/2023	17:30	Library	Library Workshop with Jennifer	60 Mins	All Students
13/10/2023	11:00	Library	Library Tour	60 Mins	All Students

Connect for Success

Checking In

Checking In

Date	Time	Location	Activity	Duration	Audience
16/10/2023	13:00	H1002	Laughter Yoga	60 Mins	Mature Students Society
17/10/2023	08:00	H1002	Pop-Up Breakfast Club	1.5 Hrs	All Students
17/10/2023	13:00	B1082	Neurodiversity Support Group	10 mins	
17/10/2023	16:45	H1002	Managing your Sensory Needs including tour	45 mins	*Registration Essential - for Disability Service students only
17/10/2023	17:30	B1081	Connect Café	60 Mins	All Students
17/10/2023	18:30	St. Angela's Campus BM101	Meet the Neighbours: Yoga Fit	60 mins	All Students
18/10/2023	13:00	B1081	Drop in and chat over a cup of tea/coffee with other students and the student support services team	60 Mins	All Students
18/10/2023	19:00	St. Angela's Campus BM101	Meet the Neighbours: Yoga Fit	60 mins	All Students
19/10/2023	13:00	B1081	Disability Service Info Session – How to Register for Supports	60 mins	All Students
19/10/2023	13:00	A Entrance	Connect for Success: Campus Tour	45 mins	All Students

Keep an eye out for changes to the schedule

Induction 2023

Created by

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